Health Ministry in The United Methodist Church
Wellness

Health

Attention to all aspects of health

Time to talk to a nurse without interruptions

Sunday morning blood pressure checks
Innovative ideas to improve your health

Nutrition made easy and delicious

Interesting ways to decrease stress

Tender support in times of crisis
Fellowship and support

Opportunities to serve others in need

Resources and referrals to health services

Methods of outreach to your community

Education that will change your life
Health Ministry in The United Methodist Church

UMC Health Ministry Network

Center for Health

in collaboration with
United Methodist Committee on Relief
Parish/Faith Community Nurses are licensed Registered Nurses with specialized training who:

- Provide *Intentional Care of the Spirit*
- Use professional nursing knowledge to promote wholistic health to prevent or minimize illness
- Work with individuals, groups, congregations and communities
Health Advocates are trained health professionals or those with an interest in healing who use their gifts and talents to serve the congregation and community.

- Retired Registered Nurses
- Licensed Practical Nurses
- Licensed health professionals—physicians, social workers, therapists, pharmacists and nutritionists
- Lay health professionals—exercise coaches