

**fast, hassle-free  
health care.  
anytime. anywhere.**



Your benefits include reliable 24/7 health care by phone or video. Our national network of board-certified doctors provides personalized care for hundreds of medical and mental health needs. No surprise costs. No hassle. Just create an account to enroll.

### URGENT CARE

#### On-demand care for illness and injuries.

- Talk to a board-certified doctor in just minutes when you need care fast, including prescriptions.
- Reliable and affordable alternative to urgent care clinics for more than 80 common, non-emergency conditions like flu, sinus infections, ear pain, and UTIs (Females, 18+).

### MENTAL HEALTH

#### Talk therapy and psychiatry from the privacy of home.<sup>1</sup>

- Licensed therapists and board-certified psychiatrists.
- Schedule your appointment in as little as five days with after-hours and flexible sessions available.

### USING MDLIVE IS AS EASY AS 1-2-3:



**STEP 1: CREATE YOUR SECURE ACCOUNT BY VISITING [MDLIVE.COM/HEALTHFLEX](https://MDLIVE.COM/HEALTHFLEX)**



**STEP 2: REQUEST AN APPOINTMENT.**

Have an urgent care appointment right away, or schedule a time that works for you.



**STEP 3: FEEL BETTER FASTER.**

Get a diagnosis, treatment plan, and prescriptions, when appropriate, sent right to your preferred pharmacy.<sup>1</sup>



**Create your account today.**  
[mdlive.com/healthflex](https://mdlive.com/healthflex) | (888) 750-4991

<sup>1</sup>Prescriptions are available at the physician's discretion when medically necessary.