

## ALEX reminder for AE

**Subject Line:** Do you know which benefits you're going to pick?

**Body:**

Hi all,

Just a friendly reminder that from **November 1** to **November 16** you'll select your 2024 HealthFlex benefits. But figuring out *what* changes to make (if any) isn't always easy—which is why we recommend doing a quick checkup with ALEX®, the virtual benefits counselor.

ALEX asks you about your estimated health care spending and crunches the numbers to show you which medical, dental and visions plans might cost the least overall and which ones might be most cost efficient if unexpected costs arise. It's all totally confidential and takes less than 10 minutes to get a full year's worth of peace of mind.

Before you enroll, give it a try at [BenefitsAccess.org/HealthFlexBenefits](https://BenefitsAccess.org/HealthFlexBenefits). You can use ALEX today.

[Benefits Access](https://BenefitsAccess.org) is the best place to learn about the HealthFlex plans and health accounts ALEX recommends, find additional news and resources, and to make your elections between **November 1** and **November 16, 2023**.

Thanks,

<Your Signature>