Word puzzles help keep your brain active. Find the following words in the grid that all work together to improve your dimensions of well-being:

- PHYSICAL
- HEALTHY
- WALKING
- SOCIAL
- DIMENSIONS
- SPIRITUAL
- FRIENDSHIPS
- FINANCIAL
- EMOTIONAL
- NUTRITION
- CONNECTION
- PRAYER
- ACTIVITY
- RESILIENCY
- WALKING

Dimensions Word Search Puzzle
Find more health and well-being information at wespath.org/benefits.

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