

Jim's Action Plan



# Eat Healthy and Save Money

Get Started on a Path Toward a Healthier Grocery Experience.

Wespath has partnered with NutriSavings to bring you this new program.

## Get Started. Registering Is Easy.

1. Sign up at **wespath.org** through **HealthFlex/WebMD** and click on **HealthFlex Partners.** 

2. Visit **My Profile** to customize your nutritional needs, preferences, and to create your NutriSavings mobile app credentials.



## Link Your Stores By Adding Your Rewards Cards

- 1. Visit Stores & Groceries > Link My Stores
- 2. Select the stores you shop at to enter your rewards card information for each store.
- 3. Don't have a rewards card for a particular store? Follow the instructions on the store's page to obtain one.



#### RECENT SHOPPING TRIP DATE: 07.18.2017 LOCATION: Shaw's (33 K OCK STREET, BOSTON OFFERS USED 88 \$1.88 0 FOOD ITEMS MATCHED IN OUR CATALOG(9) We may not be able to show all items purchased. Saving CHERRIES (1) Goya - Chick Peas, Garbanzos (1) ONIONS (1) O Organics - Organic Carrots (1) \$0.86 \$0.20 \$0.27 100 \$0.25 SQUASH, Zucchini (1) 100 \$0.12 SUMMER SQUASH (1) Cento - Crushed Tomatoes (2) \$0.18 \$0.00 61 Yes TOTAL 88 \$1.88 Average Score





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Wespath

BENEFITS | INVESTMENTS

## Activate Cash Back Offers To Earn Savings

#### 1. Visit My Savings > Activate Cash Back Offers

2. Activate offers on food you want to purchase.

\*Please note that offers do not need to be printed. Simply activate online, purchase, and scan your rewards card at checkout to earn savings!

## Go Shopping And Review Your Trip

1. Go shopping as you normally do, but this time purchase the foods you activated offers for to earn rewards.

2. You will receive an email within a month scoring your purchases and telling you how much cash back you have earned. You can also review healthier alternative suggestions.

### **Collect Cash Rewards**

- Your earned rewards accumulate under My Savings
  > Withdraw Cash Rewards.
- 2. Link your bank account or PayPal to transfer money directly to your account!

## Find Healthy Recipes And Articles

For additional educational materials for you and your family, visit the **Healthy Lifestyle** page to find nutritious recipes, articles, and tips!

#### **Contact Customer Service**

NutriSavings representatives are available to assist you Monday-Friday from 9:00 AM to 5:00 PM ET. Call 800-344-3593 or email customerservice@nutrisavings.com