



# Wespath

BENEFITS | INVESTMENTS



## Blueprint for Wellness® Is Coming— Sign Up Today

**Call 1-855-623-9355**  
To register

**Wespath2025**  
Employer/group

- Call at least three weeks prior to the event.
- Walk-ins are very limited.
- Contact your plan sponsor for more information.

**Take advantage of the Quest Diagnostics®  
Blueprint for Wellness screening.**

**Event:** \_\_\_\_\_

**When:** \_\_\_\_\_

**Time:** \_\_\_\_\_

**Where:** \_\_\_\_\_

**Cost:** \_\_\_\_\_

For the most accurate results, fast 8-12 hours before your screening. If you have a medical condition or take medications, ask your doctor or other PCP whether it's safe to fast.

**JANUARY 1 – AUGUST 31**

### Comprehensive and Confidential



The Blueprint for Wellness (BFW) health screening evaluates more than 30 health factors with one blood sample and a few quick measurements.

In fact, BFW is more comprehensive than most screenings done by many doctors or other primary care providers (PCPs). BFW results can help your doctor or other PCP assess your risk for diabetes, heart disease and more.

*Results are confidential and both e-mailed and mailed directly to you.* Your church, annual conference, employer, insurance carrier and Wespath cannot see your test results. Please share the results report with your doctor or PCP.

*Participation in well-being programs is voluntary.*

